



Depression and Bipolar  
Support Alliance

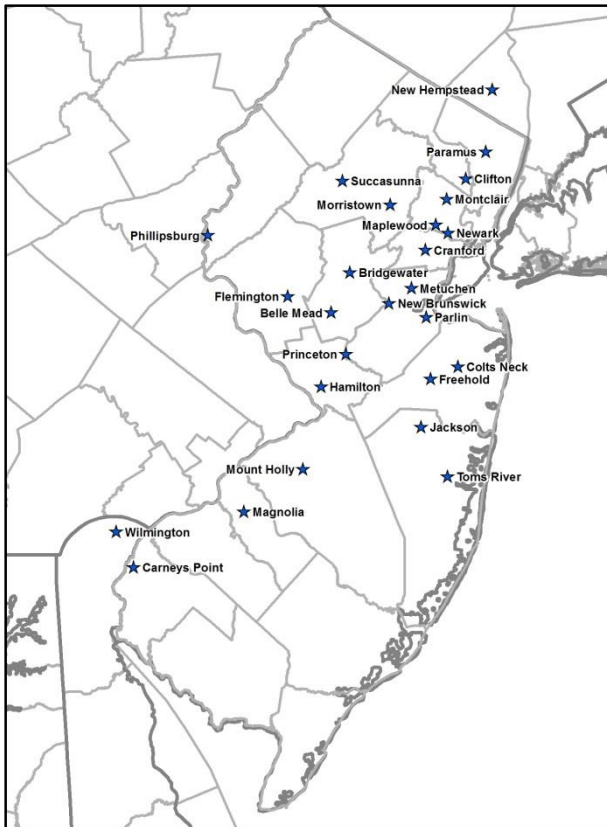
New Jersey  
State Organization

[info@dbsaNewJersey.org](mailto:info@dbsaNewJersey.org)

1-888-829-2483

## Group Locations and Meeting Times

DBSA New Jersey provides mutual aid support groups for individuals with mood disorders, and families and friends of such individuals. The map shows our meeting locations and selected out-of-state locations. You will find contact information, locations and meeting times for these groups inside. Additional information, including updates, is on the web at <http://dbsaNewJersey.org>.



## BERGEN COUNTY

### Paramus

Contact: Monica

Phone: 1-888-622-3272

E-mail: tfennell2@optimum.net

Location:

Bergen Regional Medical Center  
Room E218, Psychiatric Behavioral  
Health Pavilion  
230 E Ridgewood Ave  
Paramus, NJ 07652

Thursday 7:30 PM - 9:30 PM except  
holidays

## BURLINGTON COUNTY

### Mount Holly

Contact: Dorothy

Phone: 856-200-8784

E-mail:

DBSAMt.Holly.BURLINGTON@hotmail.com

Location:

Virtua Memorial Hospital  
Front Conference Room  
175 Madison Ave  
Mount Holly, NJ 08060

2nd & 4th Monday, 7:00 PM - 9:00 PM

## CAMDEN COUNTY

### Magnolia

Contact: Doug

Phone: 1-877-313-5050

E-mail: newbeginningsnj@gmail.com

Location:

Holy Trinity Evangelical Lutheran  
Church  
201 Warwick Rd N  
Magnolia, NJ 08049

Monday 7:00 PM - 9:00 PM

Wednesday 11:00 AM - 1:00 PM

Thursday 7:00 PM - 9:00 PM

## CUMBERLAND COUNTY

### Vineland

Contact: Christine

Phone: 1-877-313-5050

E-mail: colausen@cspnj.org

Location:

New Horizons Wellness Center  
63 South Myrtle Street  
Vineland, NJ 08360

3rd Thursday 12:15 PM - 1:45 PM

## ESSEX COUNTY

### Montclair

Contact: Tom

Phone: 201-998-5751

E-mail: tabasile@verizon.net

Location:

First Congregational Church of

Montclair

40 S Fullerton Ave

Montclair, NJ 07042

Thursday 7:30 PM - 9:00 PM

### Maplewood

Contact: Andrea

Phone: 862-205-9592

E-mail: andreacorrell86@gmail.com

Location:

Ethical Culture Society  
516 Prospect st  
Maplewood, NJ 07040

Wednesday 7:30 PM - 9:00 PM

### Newark

Contact: Cassandra

Phone: 973-420-2225

Location:

Community Health and Wellness  
Center  
Newark Beth Israel Hospital  
208 Lyons Avenue  
Newark, NJ 07112

1st & 3rd Wednesday, 5:00 PM-6:30 PM

## HUNTERDON COUNTY

### Flemington

Phone: 908-806-8202

E-mail: gt52eastmain@gmail.com

Location:

Getting Together Self Help Center  
52 East Main St  
Flemington, NJ 08822

Tuesday 6:30 PM - 8:00 PM starting Jan  
2, 2018

## MERCER COUNTY

### Hamilton

E-mail: dbsaprincceton@gmail.com

Location:

Reach Out/Speak Out CWC  
2100 East State Street Extension  
Hamilton, NJ 08619

2nd & 4th Saturday 11:00 AM - 12:45 PM

### Princeton

E-mail: dbsaprincceton@gmail.com

Location:

University Medical Center of  
Princeton at Plainsboro  
Education Building, Classroom 1  
One Plainsboro Rd  
Plainsboro, NJ 08536

Tuesday 7:30 PM - 9:15 PM

## MIDDLESEX COUNTY

### **Metuchen**

Contact: Ann  
Phone: 609-235-5579 before 10 PM  
E-mail: scifianne@optimum.net  
Location:

First Presbyterian Church  
Nursery School, 1<sup>st</sup> Floor  
270 Woodbridge Ave  
Metuchen, NJ 08840

Monday 7:30 PM - 9:15 PM

### **New Brunswick**

Contact: Rina  
Phone: 732-425-0467  
E-mail: DBSAMiddlesexNJ@gmail.com  
Location:

Robert Wood Johnson University  
Hospital (Auditorium)  
1 Robert Wood Johnson Pl  
New Brunswick, NJ 08901

Friday 7:30 PM - 9:15 PM

### **Parlin**

Contact: Michael  
Phone: 732-991-6859 after 5 PM  
E-mail: njgent3@gmail.com  
Location:

RWJ Fitness & Wellness Center  
Gateway Shopping Center  
1044 US 9 South  
Parlin, NJ 08859

Thursday 7:30 PM – 9:15 PM

## MONMOUTH COUNTY

### **Colts Neck**

Contact: Thomas Mahoney  
Phone: 732-320-0029  
E-mail: mfalkowitz27@gmail.com  
Location:

St. Mary's Roman Catholic Church  
Spiritual Center  
State Route 34 & Phalanx Rd  
Colts Neck, NJ 07722

Thursday 7:30 PM - 9:00 PM

### **Freehold Borough**

Contact: Dan Iwamaye  
Phone: 908-433-1993  
E-mail: dan.iwamaye@gmail.com  
Location:

Freehold Community Wellness  
Center  
17 Bannard Street  
Freehold, NJ 07728

Sunday 3:00 PM - 4:30 PM

## MORRIS COUNTY

### **Morristown**

Contact: Linda  
Phone: 973-994-1143  
E-mail: lsb1@panix.com  
Location:

Morristown Unitarian Fellowship  
21 Normandy Heights Rd  
Morristown, NJ 07960

Tuesday 7:30 PM - 9:00 PM except  
holidays

Young Adults Tuesday 7:30 PM – 9:00  
PM except holidays

Lecture series last Wednesday 7:45 PM  
Jan-Oct, call for Nov/Dec dates

### **Succasunna**

Contact: Chris  
Phone: 973-647-8082  
E-mail: info@dbsasuccasunna.org  
Location:

The First Presbyterian Church  
99 Main St  
Succasunna, NJ 07876

Monday 7:15 PM - 9:00 PM

## OCEAN COUNTY

### **Jackson**

Contact: Maureen  
Phone: 732-536-5826  
E-mail: mfalkowitz27@gmail.com  
Location:

Brighter Days Community Wellness  
Center  
268 Bennetts Mills Road  
Jackson, NJ 08527

Wednesday 12:30 PM - 2:00 PM

### **Toms River**

Contact: Maureen  
Phone: 732-536-5826  
E-mail: mfalkowitz27@gmail.com  
Location:

Community Medical Center  
99 Rt 37, Toms River, NJ 08755

Wednesday & Friday 7:30 PM - 9:30 PM

## PASSAIC COUNTY

### Clifton

Contact: Dennise (ext 117)  
Phone: 973-478-4444  
E-mail: dbabin@mhapassaic.org  
Location:

Mental Health Association in  
Passaic  
404 Clifton Ave  
Clifton, NJ 07011

Tuesday 6:30 PM - 8:00 PM  
Wednesday 1:30 - 2:30 PM  
Meet and greet 30 minutes before  
meetings

## SALEM COUNTY

### Carneys Point

Contact: Heather Ashfield  
Phone: 856-279-2280  
E-mail: heatherashfield@yahoo.com  
Location:

Healthcare Commons Family  
Health Services  
500 South Pennsville Auburn Road  
Penns Grove, NJ 08069  
1st & 3rd Wednesday 6:00 – 7:00  
PM

## SOMERSET COUNTY

### Belle Mead

Contact: James  
Phone: 908-428-6555  
E-mail: James\_Reed\_233@comcast.net  
Location:

Carrier Clinic  
East Mountain School  
Atkinson Amphitheater  
252 County Rd 601  
Belle Mead, NJ 08502

Thursday 7:30 - 9:15 PM

### Bridgewater

Contact: Karen  
Phone: 908-647-1797  
E-mail: karenkaslusky@optonline.net  
Location:

Richard Hall Community Mental  
Health Center  
500 North Bridge St  
(parking off of Vogt Drive)  
Bridgewater, NJ 08807

Wednesday 7:00 PM - 8:45 PM

## UNION COUNTY

### Cranford

Contact: Bill  
Phone: 908-233-7074  
E-mail: crum1949@comcast.net  
Location:

St. Michael's Parish Center  
40 Alden Street  
Cranford, NJ 07016

2nd & 4th Tuesday 7:30 PM - 9:00 PM

## WARREN COUNTY

### Phillipsburg

Contact: Donald Breen  
Phone: 908-319-8798  
E-mail: dbsaWarrenCountyArea@gmail.com  
Location:

St Luke's Warren Hospital  
185 Roseberry Street  
Phillipsburg, NJ 08865

Thursday 6:30 PM - 8:30 PM

## DELAWARE

### Wilmington

Contact: Bebe  
Phone: 302-286-1161  
E-mail: support@newdirectionsdelaware.org  
Location:

Aldersgate Methodist Church  
2313 Concord Pike  
Wilmington, DE 19803

2nd & 4th Monday, 7:15 PM  
Educational meeting 3rd Monday

## NEW YORK

### New Hempstead

Contact: Leslie Davis  
Phone: 845-837-1182  
E-mail: dbsa.rockland@yahoo.com  
Location:

Jawonio  
775 North Main St  
New Hempstead, NY 10977

Thursday 6:30 - 8:30 PM  
Dual Diagnosis Wednesday 6:30 PM