



Depression and Bipolar
Support Alliance

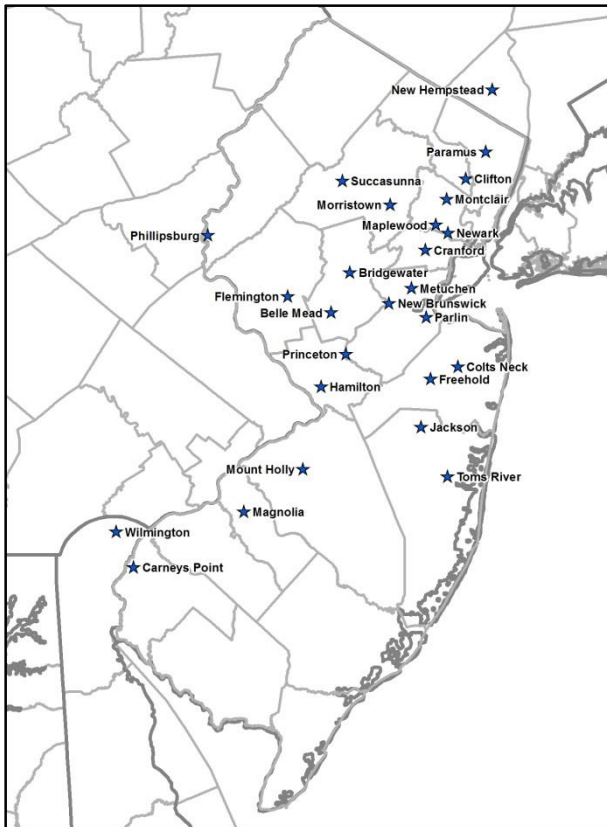
New Jersey
State Organization

info@dbsaNewJersey.org

1-888-829-2483

Group Locations and Meeting Times

DBSA New Jersey provides mutual aid support groups for individuals with mood disorders, and families and friends of such individuals. The map shows our meeting locations and selected out-of-state locations. You will find contact information, locations and meeting times for these groups inside. Additional information, including updates, is on the web at <http://dbsaNewJersey.org>.



BERGEN COUNTY

Paramus

Contact: Monica

Phone: 1-888-622-3272

E-mail: tfennell2@optimum.net

Location:

Bergen Regional Medical Center
Room E218, Psychiatric Behavioral
Health Pavilion
230 E Ridgewood Ave
Paramus, NJ 07652

Thursday 7:30 PM - 9:30 PM except
holidays

BURLINGTON COUNTY

Mount Holly

Contact: Dorothy

Phone: 856-200-8784

E-mail:

DBSAMf.Holly.BURLINGTON@hotmail.com

Location:

Virtua Memorial Hospital
Front Conference Room
175 Madison Ave
Mount Holly, NJ 08060

2nd & 4th Monday, 7:00 PM - 9:00 PM

CAMDEN COUNTY

Magnolia

Contact: Doug

Phone: 1-877-313-5050

E-mail: newbeginningsnj@gmail.com

Location:

Holy Trinity Evangelical Lutheran
Church
201 Warwick Rd N
Magnolia, NJ 08049

Monday 7:00 PM - 9:00 PM

Wednesday 11:00 AM - 1:00 PM

Thursday 7:00 PM - 9:00 PM

CUMBERLAND COUNTY

Vineland

Contact: Christine

Phone: 1-877-313-5050

E-mail: colausen@cspnj.org

Location:

New Horizons Wellness Center
63 South Myrtle Street
Vineland, NJ 08360

3rd Thursday 12:15 PM - 1:45 PM

ESSEX COUNTY

Montclair

Contact: Tom

Phone: 201-998-5751

E-mail: tabasile@verizon.net

Location:

First Congregational Church of

Montclair

40 S Fullerton Ave

Montclair, NJ 07042

Thursday 7:30 PM - 9:00 PM

Maplewood

Contact: Andrea

Phone: 862-205-9592

E-mail: andreacorrell86@gmail.com

Location:

Ethical Culture Society
516 Prospect st
Maplewood, NJ 07040

Wednesday 7:30 PM - 9:00 PM

Newark

Contact: Cassandra

Phone: 973-420-2225

Location:

Community Health and Wellness
Center
Newark Beth Israel Hospital
208 Lyons Avenue
Newark, NJ 07112

1st & 3rd Wednesday, 5:00 PM-6:30 PM

HUNTERDON COUNTY

Flemington

Phone: 908-806-8202

E-mail: gt52eastmain@gmail.com

Location:

Getting Together Self Help Center
52 East Main St
Flemington, NJ 08822

Tuesday 6:30 PM - 8:00 PM starting Jan
2, 2018

MERCER COUNTY

Hamilton

Contact: Katrina

Phone: 609-378-5371

E-mail: dbsaprincceton@gmail.com

Location:

Reach Out/Speak Out CWC
2100 East State Street Extension
Hamilton, NJ 08619

2nd & 4th Saturday 11:00 AM - 12:45 PM

Princeton

Contact: Katrina

Phone: 609-378-5371

E-mail: dbsaprincceton@gmail.com

Location:

University Medical Center of
Princeton at Plainsboro
Education Building, Classroom 1
One Plainsboro Rd
Plainsboro, NJ 08536

Tuesday 7:30 PM - 9:15 PM

MIDDLESEX COUNTY

Metuchen

Contact: Ann
Phone: 609-235-5579 before 10 PM
E-mail: scifianne@optimum.net
Location:

First Presbyterian Church
Nursery School, 1st Floor
270 Woodbridge Ave
Metuchen, NJ 08840

Monday 7:30 PM - 9:15 PM

New Brunswick

Contact: Rina
Phone: 732-425-0467
E-mail: DBSAMiddlesexNJ@gmail.com
Location:

Robert Wood Johnson University
Hospital (Auditorium)
1 Robert Wood Johnson Pl
New Brunswick, NJ 08901

Friday 7:30 PM - 9:15 PM

Parlin

Contact: Michael
Phone: 732-991-6859 after 5 PM
E-mail: njgent3@gmail.com
Location:

RWJ Fitness & Wellness Center
Gateway Shopping Center
1044 US 9 South
Parlin, NJ 08859

Thursday 7:30 PM – 9:15 PM

MONMOUTH COUNTY

Colts Neck

Contact: Thomas Mahoney
Phone: 732-320-0029
E-mail: mfalkowitz27@gmail.com
Location:

St. Mary's Roman Catholic Church
Spiritual Center
State Route 34 & Phalanx Rd
Colts Neck, NJ 07722

Thursday 7:30 PM - 9:00 PM

Freehold Borough

Contact: Dan Iwamaye
Phone: 908-433-1993
E-mail: dan.iwamaye@gmail.com
Location:

Freehold Community Wellness
Center
17 Bannard Street
Freehold, NJ 07728

Sunday 3:00 PM - 4:30 PM

MORRIS COUNTY

Morristown

Contact: Linda
Phone: 973-994-1143
E-mail: lsb1@panix.com
Location:

Morristown Unitarian Fellowship
21 Normandy Heights Rd
Morristown, NJ 07960

Tuesday 7:30 PM - 9:00 PM except
holidays

Young Adults Tuesday 7:30 PM – 9:00
PM except holidays

Lecture series last Wednesday 7:45 PM
Jan-Oct, call for Nov/Dec dates

Succasunna

Contact: Chris
Phone: 973-647-8082
E-mail: info@dbsasuccasunna.org
Location:

The First Presbyterian Church
99 Main St
Succasunna, NJ 07876

Monday 7:15 PM - 9:00 PM

OCEAN COUNTY

Jackson

Contact: Maureen
Phone: 732-536-5826
E-mail: mfalkowitz27@gmail.com
Location:

Brighter Days Community Wellness
Center
268 Bennetts Mills Road
Jackson, NJ 08527

Wednesday 12:30 PM - 2:00 PM

Toms River

Contact: Maureen
Phone: 732-536-5826
E-mail: mfalkowitz27@gmail.com
Location:

Community Medical Center
99 Rt 37, Toms River, NJ 08755

Wednesday & Friday 7:30 PM - 9:30 PM

PASSAIC COUNTY

Clifton

Contact: Dennise (ext 117)

Phone: 973-478-4444

E-mail: dbabin@mhapassaic.org

Location:

Mental Health Association in
Passaic
404 Clifton Ave
Clifton, NJ 07011

Tuesday 6:30 PM - 8:00 PM

Wednesday 1:30 - 2:30 PM

Meet and greet 30 minutes before
meetings

SALEM COUNTY

Carneys Point

Contact: Heather Ashfield

Phone: 856-279-2280

E-mail: heatherashfield@yahoo.com

Location:

Healthcare Commons Family
Health Services
500 South Pennsville Auburn Road
Penns Grove, NJ 08069
1st & 3rd Wednesday 6:00 – 7:00
PM

SOMERSET COUNTY

Belle Mead

Contact: James

Phone: 908-428-6555

E-mail: James_Reed_233@comcast.net

Location:

Carrier Clinic
East Mountain School
Atkinson Amphitheater
252 County Rd 601
Belle Mead, NJ 08502

Thursday 7:30 - 9:15 PM

Bridgewater

Contact: Karen

Phone: 908-647-1797

E-mail: karenkaslusky@optonline.net

Location:

Richard Hall Community Mental
Health Center
500 North Bridge St
(parking off of Vogt Drive)
Bridgewater, NJ 08807

Wednesday 7:00 PM - 8:45 PM

WARREN COUNTY

Phillipsburg

Contact: Donald Breen

Phone: 908-319-8798

E-mail: dbsaWarrenCountyArea@gmail.com

Location:

St Luke's Warren Hospital
185 Roseberry Street
Phillipsburg, NJ 08865

Thursday 6:30 PM - 8:30 PM

DELAWARE

Wilmington

Contact: Bebe

Phone: 302-286-1161

E-mail: support@newdirectionsdelaware.org

Location:

Aldersgate Methodist Church
2313 Concord Pike
Wilmington, DE 19803

2nd & 4th Monday, 7:15 PM

Educational meeting 3rd Monday

NEW YORK

New Hempstead

Contact: Leslie Davis

Phone: 845-837-1182

E-mail: dbsa.rockland@yahoo.com

Location:

Jawonio
775 North Main St
New Hempstead, NY 10977

Thursday 6:30 - 8:30 PM

Dual Diagnosis Wednesday 6:30 PM