

Audio Visual Free Lending Library Log Outline

* Categories of Speaker CDs and DVDs

(o) DVDs

(o) Psychiatrists and Psychopharmacologists

(o) Therapists/Psychologists/Pharmacists/RNs

(o) Child/Adolescent (and Young Adult) Psychiatrists and Psychopharmacologists

(o) Substance Abuse and Mood Disorders

(o) Professionals who have Mood Disorder

(o) Misc

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The back of the CDs and DVDs show the address for mailing if you won't be at the next lecture/educational meeting. Please return on time (at the lecture meeting only or by mail) in order to help us keep the library intact for others.

DVDs

Dead Blue - Surviving Depression *In depth, moving, special—A favorite!* - -with Mike Wallace, Martha Manning, PhD and William Styron (all have mood disorders) with their families' points of view (1 hour) HBO

Former Judge Sol Wachtler's Story of Bipolar Disorder (1 hr) *Really is wonderful-- A favorite* 06-02 [NYMDSG]

Lincoln's Melancholy on The History Channel, 2006 narrative about Abraham Lincoln's depression and how that served as fuel to the fire of his great achievements

Rosalie Greenberg, MD Board Cert. Child & Adol. Psychiatrist & national lecturer, specializing in psychopharmacologic treatment of Pediatric Mood Disorders. Author of *Bipolar Kids: Helping your Child Find Calm in the Mood Storm*, co-producer of film: *Rescuing Childhood- Understanding Bipolar Disorders in Children & Adolescents* (2009) (45 min).. Host of: Telly Award winning local cable show .

Combined on one DVD:

Kay Redfield Jamison on Good Morning America (5 minutes)

Patty Duke Interview on 20/20 (25 minutes)

Patty Duke on Oprah Show (1 hour)

"Moods and Music" at Kennedy Center with music and history of composers with bipolar disorder (1hr)

CDs Psychiatrists and Psychopharmacologists

Lily Arora, MD, trained at Mt. Sinai, trained in Addiction Psychiatry at Yale, on faculty of Rutgers, chair of Medical Hosp. Panel on Forensics, pvt practice in Morristown on mood disorders & addictions & Suboxone.

CD Substance Abuse and Mood Disorders (9-17-14)

CD Blueprints in the Diagnosis and Treatment of Mood Disorders (8-26-15)

CD Discussion of issues surrounding mood disorders and alcohol. (8-30-17)

Robert C. Bransfield, MD, clinical psychiatrist and psychopharmacologist w/ an emphasis on treatment resistant cases, has done ground-breaking research, treats many patients who have Lyme Disease and has authored many articles also in medical books, is an international expert on late stage Lyme.

CD Late Stage Lyme Disease as a Cause for Bipolar Disorder and Depression. Lyme can take years to diagnose. Often is undertreated or mistaken for something else. It can have brain involvement (7-28-10)

John J. Benjamin Davidman, MD Board Certified psychiatrist, Columbia U Ctr for Psychoanalytic Training&Research. Clinical Ass't professor of Psychiatry at NYU, Adjunct Clinical Ass't Prof. of Psychiatry at Columbia U, focus on integration of therapy & meds, practice is in Soho and Summit.

CD Observations on Mood Disorders II (3-29-17)

Bruce P. Friedman, MD Magna cum laude at Duke, chief resident at NYU/Bellevue, Clinical Excellence recognition NYU, Diplomate adult&child&adolescent psychiatry&TMS neuromodulation Practice in Montclair.

CD The Role of T.M.S. in Treatment-Resistant Depression. Strong magnetic pulses to stimulate specific brain areas assoc'd w/ depression in adult pts who have failed medications, therapy & behavioral strategies. Relies only on electro-magnetic energy rather than chemical intervention. No interactions w/ medications, no seizures&no need for anesthesia, as with E.C.T. . (12-13)

CD Depression, Bipolar Disorder throughout the lifetime: Childhood onset, Adol onset & Adult presentations. Dr. Friedman will discuss differences in these presentations & their implications for treatment. He will also touch briefly on DMDD (Disruptive Mood Dysregulation Disorder), a new diagnosis for children added to the DSM5 in 2013. (10-14)

CD Anxiety symptoms and treatment options in context of mood disorders: including how anxiety manifests differently in children, teens and adults and 'non-pharmacologic' approaches to anxiety (3-25-15)

CD Focus on adults: differentiation of bipolar & AD/HD incl symptoms, medication interventions/treatments & anxiety issues. Earlier presentations will also be discussed. Then "ask the doctor" on mood disorder topics for all ages(6-16)

CD An update on the use of TMS in U.S. Clinical Practice. A review of outcomes since FDA approval in 2008. TMS provides strong magnetic pulses to stimulate specific brain areas associated with depression and with OCD in adult patients who have failed medications, therapy & behavioral strategies. Transcranial Magnetic Stimulation (TMS) relies only on electro-magnetic energy rather than chemical intervention, without interactions with medications, no seizures & no need for anesthesia. Then "ask the doctor" on mood disorder topics

CD Update on AD/HD medication strategies in children, adolescents and adults. Facts vs. Fads. Then "ask the doctor" on mood disorder topics for all ages. (3-28-18)

Ivan Goldberg, MD pre-eminent, author, formerly faculty of Columbia Presby. Medical School, psychopharmacologist

CD Low Doses of Lithium Therapy +Managing Side Effects of Mood Disorders Drugs+Ask the Dr (9/95)

CD 1) Anxiety 2) Depressive Cognitions 3) Typical side effects from ECT re memory+ 4)Ask the Dr. (10-09)

CD 1) Use of antidepressants to treat bipolar depr 2) Common cognitive errors in depr 3) Ask the Dr.(1010)

CD Ask the Doctor on ALL aspects of mood disorders. 1st Mini-topics: 1.Role of Lamictal (lamotrigine) in treatment of people w/mood disorders? 2. Should antipsychotic medications (ex. Seroquel) be used as mood stabilizers? (10-11)

CD Mini-topic_Mood Disorders and Sexuality. Then Ask the Doctor

CD with Howard Rudominer, MD (see Howard Rudominer, MD bio below) Ask TWO Doctors -- First time we've had two top psychiatrists together to interact with each other and the audience. (6-13)

Frederick K. Goodwin, M.D. Pre-eminent former scientific dir. of the NIMH, prof, of Psychiatry at George Washington U., co-author of "the" book on manic-depressive illness, go-to expert re Bipolar disorder, major depression and suicide prevention.

CD Sorting Through the Confusion about Best Treatment Practices [*Extremely informative*] (1/11/11) NY MDSG

Merritt Hubsher, MD Board Certified Psychiatrist in adult, adolescent and child psychiatry
CD Adult Mood Disorder Masquerading as Attention Deficit Disorder *Primer on ADD vs Bipolar* (01/31/07)

Frank A. Jones, Jr., MD Clinical professor of Psychiatry, Top Doctors in NY/NJ list
CD The Alliance bet. Family & Doctor incl Handling Telephone Calls + Q &A on all Aspects of Mood Disorder(7-04)

Eric Kandel, MD Nobel Prize-winner and luminary in the field of neuroscience. *Brilliant speaker.*
CD The Neuroscience of Mood Disorders (10/2/07) NY MDSG)

Rahul Malhotra, MD is particularly interested in psychiatric history & how it informs our present & in the physician-patient relationship & also talk about the evolution of anti-anxiety medication. He has a BS in Math& Computer Sci from Rutgers U, graduated from Tufts U School of Medicine. Adult Psychiatry at Thomas Jefferson U Hosp. in Philadelphia.. He won the Arnold P. Gold Award for Humanism and Excellence in Teaching Award in 2013. (10-25-17)

Joseph C. Napoli, MD, DLFAPA, Adult pvt practice for trauma-related disorders in Fort Lee, Ass't Clinical Prof of Psychiatry, Columbia, Co-Director, Resiliency LLC, Distinguished Life Fellow, Amer.. Psychiatric Assoc.
CD Mood, Trauma, Loss and Stress (12-4-12)

Ed Ratush, MD, Board certified psychiatrist, extensive experience w/ adults & adol. who have depression, incl. treatment resistant & bipolar disorders. Resident teacher of the year Award at Mt. Sinai. Specialties also incl anxiety disorders such as panic attacks, Post Traumatic Stress Disorder (PTSD), Adult Attention Deficit&AD/HD, Alcohol&Substance Abuse disorders, chronic pain, fibromyalgia. TMS.. Uses multiple modalities along w/ psychopharmacology. Practice in NY
CDs Open Q&A/discussion on all sorts of topics (*A fresh approach*) (8/26/09)&(9/29/10)

Satish Reddy, MD, specializes in difficult to treat mood & anxiety disorders, trained in Psychiatry, Psychopharmacology, Internal Medicine & Psychoanalysis, on faculties of Weill Medical College of Cornell U & Columbia's College of Physicians & Surgeons

CD Depressive Disorder Spectrum & Treatment Resistant Mood Disorders then "Ask the Doctor" (5-27-15)

CD Augmentation Strategies for Mood Disorders then "Ask the Doctor"(5-25-16)

CD 1) Bipolar Disorder & Depression 2) What is masked depression & what are Mimickers followed by "Ask the Doctor" on All aspects of mood disorders. (5-31-17)

CD The best way to treat someone is to obtain a good diagnosis (which can sometimes be hard). Then pick the treatment. Here is how I aim to accomplish the goal followed by "Ask the Doctor" on All aspects of mood disorders (5-18)

Howard Rudominer, MD clinical ass't prof at NYU Medical school, Board certified in children & adults. Winner of Patient's Choice for 2012. Listed as one of best psychiatrists in US & Canada specializing in treatment of mood disorders. pvt practice 32 yr .

CD Mini Topic: fish oil and omega 3's and its relationship to DEPRESSION, LONGEVITY, HEALTHY HEART, HEALTHY BRAIN and HEALTHY JOINTS. Then Chance to "Ask the Doctor" (3-31-10)

CD 1) Controversies in the use of traditional antidepressants, mood stabilizers and atypical anti-psychotics for bipolar depression and for major depression 2) The use of Suboxone in the treatment of opiate dependency in Mood Disorders (5/11)

CD Mini topic: What you can do to avoid depression, anxiety & mania! Then Q&A. (Ask your favorite questions.) (5-12)

CD with **Ivan Goldberg, MD** Ask TWO Doctors -- First time we've had two top psychiatrists together to interact with each other and the audience. (see Dr Goldberg bio above) (2013)

CD Pearls to help you with your mood disorders. Don't Miss! (4-14)

CD (1) New Medications and Treatments for Depression and Anxiety (2) Ask the Expert (9-30-15)

CD (1) Two of the hottest mini-topics today both on the cutting edge of psychiatry&medicine, namely Inflammation&oxidative stress as well as intestinal bacterial flora&psychiatric disorder (2) Ask the expert (9-26-16)

CD (1) A mini-topic: Important to every patient is when&how to seek a 2nd opinion (2) Ask the expert(9-17)

CD (1) A mini-topic: The number of people suffering from manic depression who are misdiagnosed with depression is staggering. Are you one of them? Have you been told you suffer from depression alone, but you don't seem to get better with antidepressants? Is your depression worse even though you're on antidepressants? Does your depression recur? Come hear the bipolar symptoms many physicians miss and why. More than half of those with bipolar illness are not getting proper treatment with mood stabilizers, because their doctors are not picking up subtle signs of elevated or shifting mood (2) Ask the expert (9-18)

Laurence Westreich, M.D Addiction and Forensic Psychiatrist. currently Clinical Assoc. Professor, Supervising Psychiatrist for Psychiatric Residents and Fellows in Addiction Psychiatry at NYU Medical Ctr, won teacher of the year award from NYU Medical Ctr on Alcoholism and Drug Abuse, book *Helping the Addict You Love*.

CD Addiction and Mood Disorders [**Scott Bienenfeld, MD** also presented] (9/27/06)

Jeffrey Wolff, MD Trained at NYU, Bellvue and Downstate Medical Center

CD Ruling Out Medical Problems that Can Worsen or Cause Mood Disorders/ The Role of Genetic Testing in the Management of Psychiatric Illness (10-31-18)

Thomas Zaubler, MD, MPH chairman & medical director of Dept of Psychiatry & Behavioral Health at Morristown Medical Ctr, Clinical Prof. of Psychiatry, Sydney Kimmel Medical College of Thomas Jefferson U., board-certified in general adult psychiatry & psycho-matic medicine, graduate of Columbia College, Albert Einstein College of Medicine, residency at New York Hospital, Cornell Medical Ctr

CD Collaborative Care Integrating Psychiatry into Primary Care, a Population Based Initiative to Make Psychiatric Care More Accessible, Affordable and Effective followed by "Ask the Doctor" on all aspects of mood disorders. (4-25-18)

Therapists/Psychologists/Pharmacists

Douglas Baum, LCSW, specializes in treating Mood Disorders, Personality Disorders, Post-Traumatic Stress Disorder, as well as treating family concerns and relationship problems, over 25 yrs of experience providing individual and couples therapy of adults and individual therapy of adolescents. (Retired)

CD Mood Disorder or Personality Disorder? (02-12)

CD DBT: What is it? How can it help? (04-13)

Jeffrey M. Brandler, EdS, LCSW Licensed Marriage and Family Therapist and Certified Addictions Specialist, over 20 years experience dealing with adults, couples and families, our chapter advisor (Also see Family Specific category)

CD Mood Disorders and Anxiety--that other cousin nobody told you about -- dealing with anxiety that often accompanies mood disorders incl Panicking about Anxiety, "What if" & other dangerous words & "Fear of Things Getting Worse" (5/25/05)

CD Everyone is Jolly and Ho Ho Ho, and You Are How? (*very thoughtful*) (12-13-06)

CD I have this problem that I'm not supposed to have, that I don't want to have, now what? (AKA how to live a happier life with a mood disorder.) *Outstanding* (1-27-10)

David Chowes, M.A. A patient; clinical psychologist; psych. prof., Baruch College/CUNY; founder and Chair, MDSG/NY; founder and Vice-President DBSA

CD Coping with Mood Disorders for a Lifetime (8/26/98)

CD Mood Disorder--Ten tips for Dealing w/ Mood Disorders&Understandings&treatments--Past, Present&Future(5-01)

CD Controlling depression & bipolar for the past few decades. Curing them in the coming years. Shared he had severe mania in his 20's and with rigorous use of a mood stabilizer has been episode free for 26 years. (9/23/04)

CD Discussion of the differences between 'traditional treatments' (e.g., lithium, Prozac, &, etc.) and alternative methods' (e.g., nutrients, vitamins, etc. one could buy in GNC stores, acupuncture, chiropractic procedures + all sorts of other therapies). The main point of the talk is to differentiate between the two categories. (07/29/09)

Stuart M. Cohen, LCSW, 30 yrs-school, legal, community outpt children's hosp setting.1979 began practicing martial arts incl Tai Chi - moving meditation) & YiQuan-sophisticated martial art&mindfulness practice from China). Practice in Morristown .

CD Adding Mindfulness Based Strategies to the Treatment of Anxiety & Depression.-- medical researchers have discovered that daily mindfulness practice can be quite helpful in reducing depression and anxiety. Demos of several And discussion. (2016)

Steve Eisenberg peer who has bipolar illness, led our facilitator support groups for 10 years, a Community Mental Health Assoc. (CMHA)., Wellness Peer Support Specialist at the Essex County Hospital Center.

CD WRAP (Wellness&Recovery Action Plan). (7-31-13)

Li Faustino, PhD clinical psychologist w/ almost two decades of experience working w/ people w/ mood disorders., an adjunct faculty at College of Saint Elizabeth, vice-chair of MDSG-NY, has a private practice in Chatham, NJ and NYC

CD Depression and Anxiety, BFFs. A look at this common pair, symptoms, causes, and treatment -- Dr Faustino will discuss why these two co-occur so often and what it means for treatment and outcome (12-9-15)

CD Surviving Bipolar Disorder when you don't have it: The Caretaker's dilemma: A look at how you care for yourself while you care for someone with a mood disorder and how to handle the ups and downs of your loved one. (7-26-17)

CD Bipolar and Depr psychotherapy. What are the best approaches, how are they different & do they really work? (6-18)

Sandra Guerra, LCSW Treats adults & adolescents with mood & anxiety disorders

CD Which Type of Psychotherapy is Right for Me? * *Very good talk on therapy* (1/26/05)

Bernard Ivin, LCSW clinical social worker, certification in alcohol & substance abuse counseling, extensive training in CBT, treats depression, anxiety, panic attacks, OCD, childhood disorders, personality disorders, relationship difficulties

CD Adult bipolar disorder, major depression and co-morbidities such as anxiety, panic disorder, OCD are treated by Bernie Ivin in coordination w/ psychiatrists who manage medications (12-2018)

Kay Redfield, PhD and others on **PBS Charlie Rose**

CD Excellent episode of the Charlie Rose Brain Series, a discussion of mental illness w/ Kay Redfield Jamison of Johns Hopkins, Elyn Saks of U of S. California, Jeffrey Lieberman of Columbia U, Helen Mayberg of Emory, Stephen Warren of Emory and Eric Kandel of Columbia U. Jamison has bipolar disorder. Saks has schizophrenia - both highly functioning authors & professors (6-2010)

Kimberlee Karpack, LPC LCADC, works with Children, Adolescents & Adults with issues ranging from mood disorders to personality disorders, psychiatric issues, substance abuse, depression, anxiety, relationship issues & grief work

CD Identifying Relapse Triggers & Establishing Coping Strategies in Living w/ Mood Disorders & Substance Abuse Issues (3/12)

CD Motivational strategies in working w/ adults & adolescents w/ mood & substance use issues in terms of accomplishing what needs to be done (10-13)

Julia Mayo, Ph.D. Chief of Clinical Studies at St. Vincent's for Psychiatry, Prof in medical school. Designation as Master Therapist -- maintains that these disorders are treatable. Graduated from Bryn Mawr & UPenn. Was at NIMH.

CD Maintaining Stability or "How to Get to Buffalo" A *classic*. (4/29/92)

Joshua Wolf Shenk author of book below. Joshua Shenk suffers from Clinical Depression

CD Lincoln's Melancholy -- How Depression Challenged a President and Fueled his Greatness (3/06 NY MDSG))

Suruchi Saini, MA, LPC, NCC, CCTP, formerly a lead clinician at Rutgers-UBH and is trained in psychological counseling/therapy for individuals, families and groups. Practice in Hoboken.

CD Mindfulness, Yoga, and basic Neuroscience, to manage mood swings, anxiety, depression and stress, and to increase overall happiness in life. (7-15)

CD A story of resilience; in this talk, Suruchi is going to share few experiences from her life journey which made her who she is today. She is also going to share tips to manage Anxiety, Mood swings and Depression taken from Psychology, Neurosciences & Yoga "Studying Psychology for almost three decades; being raised in a culture with Yoga and ancient wisdom; and traveling to various countries, I feel I have learned a lot. I fully intend to give back to community what I believe I have learned so far (8-16)

CD Positive Psychology: when one is clinically depressed in addition to medication, a psychiatrist, therapist these are adjunctive techniques that can help improve one's mood.. (12-17)

Wilma Selenfriend, MSW Creator and former director of an innovative comprehensive family center for families of mentally ill. *Very, very good lecture on therapy.*

CD The Role and Use of Counseling in the Management of Mood Disorders for the Patient and/or The Family (5/02)

Lynn Shapiro, MSW, LCSW Pvt practice, in-patient & out-patient work experience. *A wonderful talk on psychotherapy*

CD Counseling as a Component of Treatment (8/28/96)

Rochelle Zozula, PhD Behavioral sleep medicine coordinator, board certified in Sleep Medicine
CD The Impact of Sleep Disorders on Your Health (11-10-10)

Child/Adolescent (and Young Adult) Psychiatrists and Psychopharmacologists and Therapists

Randy Bressler, PsyD, clinical interests incl treatment & evaluation of children, adolescents&adults who experience challenges re mood disorders, anxiety&ADHD&traumatic brain injuries. Extensive training in pediatric neuropsychology

CD The nuts and bolts of Neuropsychological Testing from infancy to young adults.-- understanding why, when, what, and how. This includes what impressions. lead to regarding depression/bipolar disorder. (6-25-14)

James Cocores, M.D. Lectured & published widely in psychiatry, collaborated w/ newspapers & magazines incl. NYTimes Wall St Journal, etc. **Dynamic lecturer w/ humo “*

CD Early Detection of Unipolar and Bipolar Disorder in Adolescence(11/15/95)

Adam J. Cohen, MD. B.A. from UPenn, graduated Magna Cum Laude from SUNY Buffalo Medical school, Fellowships in Child Psychiatry from St. Luke/Roosevelt Hosp.& Beth Israel Medical Ctr. Residency at Beth Israel. Diplomate in psychiatry.

CD (1) Bullying (2)Conduct Disorder (which may in some kids actually be an early manifestation of Bipolar Disorder). Then Lots of Q&A on all child, adolescent & young adult topics (12-8-10)

CD Diagnosing and treating children, adolescents who have mood disorders—incl.Bipolar vs. ADHD diagnosis (12/11)

Li Faustino, PhD, intensive experience working w/mood disorders in the college age group, founder of youth group in NYMDSG, college counseling at Drew, adjunct faculty at St. Elizabeth college, pvt practice in Chatham, NJ & NYC.

CD #youngandmoody. How to survive young adulthood with a mood disorder: including triggers and diagnosis. She will speak on issues of this age group.and how the treatment can be geared for this age group. (11-12-14)

Bruce Friedman, MD – see in adult section – all ages

Michael Giuliano, MD Board certified child, adol, college age & adult psychiatrist on staff at Morristown Medical Ctr, trained at Georgetown U, Marquette School of Medicine in Wisconsin & Jefferson Thomas U, also lectures on ADHD, suicide, at the Compassionate Friends Society and works with parents who have lost children. His practice is in Morristown

CD Comorbid Conditions w/ Mood Disorders for Children & Adolescents & College Age -- such as anxiety, panic, ADHD (Attention Deficit Disorder with hyperactivity with Lots of Q&A. (4-27-16)

CD More on Comorbid Conditions with Mood Disorders for Children & Adolescents & College Age -- such as anxiety, panic, ADHD (Attention Deficit Disorder with hyperactivity with Lots of Q&A. (11-2018)

Merritt Hubsher, MD Board Certified Psychiatrist in adult, adolescent and child psychiatry *See entry for adults*

CD Mood Disorders in Children. Adolescents and Young Adults: Are they All Bipolar? (5-27-09)

Kimberlee Karpack, LPC LCADC, works w/ Children, Adolescents & Adults with issues ranging from mood disorders to personality disorders, psychiatric issues, substance abuse, depression, anxiety, relationship issues & grief work

CD Identifying Relapse Triggers&Establishing Coping Strategies in Living w/ Mood Disorders&Substance Abuse Issues(3/12)

CD Motivational strategies in working w/ adults & adolescents w/ mood & substance use issues in terms of accomplishing what needs to be done (10-13)

Debra E. Koss, MD graduated from U of Va., completed residency & fellowship in child & adol. psychiatry at U Mass Medical Ctr, Board Certified in Child & Adol. Psychiatry, Clinical Ass't Prof. at Rutgers Robt. Wood Johnson Medical School. Chair of the Council on Advocacy for the NJ Psychiatric Assoc., the 2011 recipient of the NAMI Exemplary Psychiatrist Award, pvt practice in Sparta.

CD Ask the Doctor on ALL aspects of child, adolescent&young adult mood disorders. 1st, Mini-topic:Needs of young adults w/ Depression& Bipolar Disorder as they transition from childhood&adolescent based support to the adult community (6/11)

CD Mood Disorders in the School Setting (3-27-13)

CD Kids & Mood Disorders (Bipolar disorder & Depression): Parents' Role in Treatment Description: Families play an integral role in helping children & teens w/ Mood Disorders engage in their own treatment, which is necessary in order to achieve best outcomes. She will discuss strategies that will help parents to work collaboratively w/ their children to improve compliance w/ treatment (11-15)

Ted Lipman, MD psychopharmacologist for children/adolescents/college age, graduated from Columbia 's Medical school, residency at Stanford Univ. *His secretary said he is the doctor who doctors go to for help with diagnostic dilemmas.*

CD Treatment of Depressive/Bipolar Disorders in Children and Adolescents (excellent) (5/28/03)

Howard Rudominer, MD clinical asst prof at NYU Medical school, Board certified in children&adult *See adults section*

Margaret E. Tompsett, MD, DLFAPA, FAACAP child, adol. Psychiatrist, also treats college age students & adults, trained at Cambridge University & St Mary's Hospital Medical School in England, Assistant Prof on the voluntary faculty of UMDNJ, Past president of the NJ Council of Child & Adol. Psychiatry, Pres. of the NJ Psychiatric Assoc. Had private practice in Summit. Retired.

CD Child, Adolescent and Young Adult Mood Disorders (6-09)

Substance Abuse and Mood Disorders

Lily Arora, MD, trained at Mt. Sinai, trained in Addiction Psychiatry at Yale, on faculty of Rutgers, chair of Medical Hosp. Panel on Forensics, pvt practice in Morristown on mood disorders & addictions & Suboxone.

CD Substance Abuse and Mood Disorders (9-17-14)

CD Discussion of issues surrounding mood disorders and alcohol. (8-30-17)

Frank Jones, MD Clinical professor of Psychiatry, Top Doctors in NY/NJ list

CD Dual Diagnosis (7/27/05)

Bernard Ivin, LCSW clinical social worker, certification in alcohol & substance abuse counseling, extensive training in CBT, treats depression, anxiety, panic attacks, OCD, childhood disorders, personality disorders, relationship difficulties

CD Mood Disorders and Substance Abuse (5-2010)

Kimberlee Karpack, LPC LCADC, works with Children, Adolescents & Adults with issues ranging from mood disorders to personality disorders, psychiatric issues, substance abuse, depression, anxiety, relationship issues and grief work

CD Identifying Relapse Triggers&Establishing Coping Strategies in Living w/ Mood Disorders&Substance Abuse Issues(3/12)

CD Motivational strategies in working w/ adults & adolescents w/ mood & substance use issues in terms of accomplishing what needs to be done (10-13)

Raymond McCarthy, LCSW, works in Morristown Medical Center IOP (Intensive Outpatient) Unit, his own practice.

CD Addictions and Substance Abuse (6-24-09)

Laurence Westreich, M.D Addiction & Forensic Psychiatrist. currently Clinical Assoc. Professor, Supervising Psychiatrist for Psychiatric Residents & Fellows in Addiction Psychiatry at NYU Medical Ctr, teacher of the year award from NYU Medical Ctr on Alcoholism & Drug Abuse, book *Helping the Addict You Love.*

CD Addiction and Mood Disorders [Scott Bienenfeld, MD also presented]. (9/27/06)

Professionals who have Mood Disorders

Salvina Cappello Graduate degree from Georgetown University, 20 yrs as a top television media Research Specialist, advanced degree in Psychiatric Rehabilitation, working for NAMI NJ

CD Her inspiring bipolar story of disabling psychotic manias every 2 years where she was unable to leave her mother's house -- now controlled by medication. Salvina credits a four day seminar by DBSA entitled "Pathways to Recovery" for helping her have a "turnaround" experience. She made goals for herself on the spot -- to go back to school and to work again. She will also share lessons learned concerning her struggle with weight gain and diabetes. (8-25-10)

David Chowes, M.A. Patient; clinical psychologist; psych. prof., Baruch College/CUNY; founder and Chair, MDSG/NY; founder and Vice-President DBSA *See list under Therapists in CDs*

Kay Redfield Jamison, PhD author and professor in Johns Hopkins Medical school who has Bipolar disorder
CD with others on PBS Charlie Rose (*see entry under Psychiatrists and Psychopharmacologists (6-10)*)

Honora (Nora) Rose and Wendy K. Williamson Co-authors

CD "Two Bipolar Chicks: *Guide to Survival: Tips for Living w/ Bipolar Disorder* – their personal journeys. (2-15)

Rich Satkin One of founders and Chair of NY MDSG Episode free over 20 yrs, Fully employed, married, father of teenagers. Career as a city planner. After retired became a therapist.

CD Observations on Maintaining Stability *Very worthwhile.* (10/29/03)

Mary Lou Selo professional interpreter (speaks 5 languages), tour guide in the USA for people from foreign countries, has bipolar illness, helped found Nat'l DMDA (now DBSA), NY MDSG&Swiss group. (*Someone told her she'd never work again!*)

CD 7 Steps to Heaven – 7 Things that would make the Illness easier to Bear *Very inspiring.* (6/25/03)

MISC

Sarah Dubinsky, Esq Social Security attorney, was staff attorney at Nat'l Org, of SS Claimants representatives, advised 4000 attorneys & legal representatives re working their disability cases, worked for SSA & Legal Services of NJ. .

CD Social Security Disability. + what looked for – geared to mood disorders + resources & alot information (9-13)

CD When Working Does Not Work: Social Security Disability Benefits for the Unemployed and Under-employed. Giving up work is sometimes the hardest part of being disabled. This workshop will discuss how to get benefits when you are unemployed or working part-time. It will also cover returning to work after being found disabled. *Sarah will share with us that she is on SSD for schizoaffective disorder and is using work incentives to get off -- and thus knows the Social Security process firsthand.* (7-18)

Agnes S. Wladyka, Esquire, a pvt attorney practicing in the areas of Veterans Administration Claims & Social Security matters Approx 90% of her practice is devoted to litigation. She is admitted to the Bar of NJ, US District Court for the District of NJ US Court of Appeals for the Third Circuit & US Court of Appeals for Veterans' Claims. (+ a lot more!)

CD Social Security Disability: An Aid to Healing and not necessarily needed forever. (8-27-14)